



St Andrew's Cathedral Inverness Notices for Sunday 23 August 2015

Pentecost 13 (Trinity 12)

Dear Friends

In the Gospel today we hear Jesus say, 'Those who eat my flesh and drink my blood abide in me, and I in them.' I have to say that this teaching has never troubled me, but I know many good and faithful Christians who sympathise with those disciples of Jesus who on hearing it said, 'This teaching is difficult; who can accept it?'

I think the secret is not to use human logic – just rely on faith. Jesus said these words and all we have to do is to accept them with wonder and joy. Like Simon Peter let us say to Jesus, 'You have the words of eternal life.' That is why we say 'Amen' after being told 'The Body of Christ given for you' and 'The Blood of Christ shed for you' during the distribution of Holy Communion at the Eucharist.

Services this coming week:

Monday 24 August – 21 st Week of Ordinary Time <i>BARTHOLOMEW, APOSTLE</i>	12:30	Eucharist
Tuesday 25 August <i>Ebba of Coldingham, Abbess, 683</i>	09:00 17:00 17:15	Morning Prayer Evening Prayer Eucharist
Wednesday 26 August	08:15 08:30 17:00	Morning Prayer Eucharist Evening Prayer (SPB)
Thursday 27 August <i>Monica, Mother of Augustine of Hippo, 387</i>	08:15 08:30 10:15 17:00	Morning Prayer Eucharist Holy Communion (RS) Evening Prayer
Friday 28 August <i>Augustine of Hippo, Bishop and Teacher of the Faith, 430</i>	08:15 11:15 17:00	Morning Prayer Eucharist Evening Prayer
Saturday 29 August <i>BEHEADING OF JOHN THE BAPTIST</i>	17:00	Eucharist
Sunday 30 August PENTECOST 14 (22nd Sunday of Ordinary Time)	08:15 09:15 11:00 17:30	Eucharist (1970 Rite) Eucharist with hymns Sung Eucharist Evening Prayer

Prayers for Israel and the Occupied Palestinian Territories on the 24th of each month:

General Synod 2015 approved the Global Partnerships Committee motion that members of the Scottish Episcopal Church be encouraged to join the Scottish Ecumenical initiative (promoted by Christian Aid) in praying for Israel/Palestine on the 24th day of every month. This initiative was supported by a motion which called for recognition of the Pope's recent call for reconciliation. As well as praying as an individual (and with others in your own church community), you can join with others on the following dates and times:

24 August 7-9pm: Abbotshall Church of Scotland, Kirkcaldy

24 September 7-9pm: St Kentigern's Church of Scotland, Kilmarnock

24 October 10.30am-12.30pm: Selkirk United Reformed Church, Selkirk

24 November 7-9pm: Knox United Free Church of Scotland

Car parking on a Sunday:

Following the introduction of parking charges in the 'Cathedral' car park, a reminder that there is free parking in Eden Court and the Council Car Park which all are welcome to use. Cathedral staff and the disabled can continue to park within the grounds of the Cathedral, otherwise use of the Cathedral grounds for cars should be confined to dropping off only.

Cathedral Key Holder:

We are looking for somebody who lives reasonably near the Cathedral to act as a third key holder for the Cathedral and the Old Boys School. This is in case the alarms go off or there is some other need to gain access to either property. It is not too onerous a task given that this is the third position on the list. If you are able to help please contact Harriet Mowat on either **07771 751 188** or **01463 741309**.

Kenneth Street Flat:

The work to the flat is now almost complete and we are now looking for donations to fill it. We particularly need bedding, crockery and kitchen utensils and things to hang on the walls and artefacts/ornaments to decorate.

Blas Festival Concert:

The Cathedral is hosting a concert by Anne Lorne Gillies as part of the Blas Festival on **Friday 4 September at 7.30pm**. Tickets are available from the Cathedral Steward. (Adult £14, Senior Citizen, £12). Payment by cheque preferred. Alternatively tickets are also available via Ticketline online and by phone.

Ness Bank Church World Mission Team:

The Ness Bank Church World Mission Team have arranged for Rev Trevor Jamieson, Chaplain to Eco-Congregation Scotland, to come and speak at a meeting in Ness Bank Church Hall on **Tuesday 8 September at 7.30pm**. In the summer of 2014, Rev Jamieson walked the John Muir Way from Helensburgh to Dunbar where the Muir family lived until they emigrated to the United States. During the walk Rev Jamieson learned much about John Muir's deep love of America's wild places, his enormous role in establishing the National Parks in the United States, and reflected on his influence in conservation today. All welcome and tea/coffee will be served.

Lunchtime concert in the Cathedral:

On **Thursday 17 September at 1.00pm** ten students from the National Centre of Excellence for Traditional Music (based at Plockton High School) will give a concert of their own arrangements and compositions. Their annual visits have been a delight in the past. Please share this information with your friends, colleagues, and neighbours.

Dornoch Sponsored Walk in Aid of Blythswood Care – Saturday 26 September:

Join us for a 5/10 or 15 mile sponsored walk in and around the stunning area of Dornoch and help us raise funds for Blythswood Care and help us to transform lives. With three routes to choose from, there is something for everyone! For further information contact Adrienne Dempster (adrienne.dempster@blythswood.org) or phone 01349 830777.

Dementia and Spiritual Awareness Day:

The Raigmore Chaplaincy Department is hosting a Dementia and Spiritual Awareness Day on **Friday 9 October**. Further details will be available in September. In the meantime, if you have any queries please contact either Lead Chaplain Derek Brown derek.brown1@nhs.net; or Rodgers.Lindsay@nhs.net

Happy Sunday

Peter

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