



St Andrew's Cathedral Inverness Notices for Sunday 24 January 2016 Third Sunday after Epiphany

Dear Friends

I do like today's first reading from the book of Nehemiah – it's good to see people rejoicing in their faith rather than being miserable about it! Every Sunday is a Feast Day, but as we feast we are reminded to think of those less fortunate than ourselves. Jesus himself read from the scroll of the prophet Isaiah 'he has anointed me to bring good news to the poor.' As we tuck into our

Sunday roast we can also give a costly contribution to the Food Bank. Bringing good news to the poor is not just a matter of preaching the Gospel!

So then, today is a day of rejoicing in the New Law which Christ has given us and which unites us with him, binds us together as his people, and enables us to work together for his Kingdom. Just as in the days of Nehemiah and Ezra, we are to listen to the words of the Law and ponder them in our hearts. However, whilst the Law binds us together as God's holy people, we must also consider what individual role we are to play. Paul reminds us of this in his first letter to the Corinthians 'Now you are the body of Christ and *individually* members of it.' Thank God we are not all clones of one another! What part does Christ want you to play in his Church?

Monday 25 January (3 rd Week of Ordinary Time) The Conversion of Paul, Apostle	12:30	Eucharist
Tuesday 26 January <i>Timothy and Titus, Bishops</i>	09:00 17:00 17:15	Morning Prayer Evening Prayer Eucharist
Wednesday 27 January <i>John Chrysostom, Bishop and Teacher of the Faith, 407</i>	08:15 08:30 17:00	Morning Prayer Eucharist Evening Prayer (SPB)
Thursday 28 January <i>Thomas Aquinas, Teacher of the Faith, 1274</i>	08:15 08:30 10:15 17:00	Morning Prayer Eucharist Holy Communion (RS) Evening Prayer
Friday 29 January	08:15 11:15 17:00	Morning Prayer Eucharist Evening Prayer
Saturday 30 January <i>Charles I, King, 1649</i>	17:00	Eucharist
Sunday 31 January Fourth Sunday after Epiphany	08:15 09:15 11:00 17:30	Eucharist (1970 Rite) Eucharist with hymns Sung Eucharist Evening Prayer

Choral Evensong tonight at 5.30pm.

A message from James Darby:

Just a short note to let all my friends at St Andrew's Cathedral know that I will be leaving Inverness at the end of January. I have been worshipping with you for about two and a half years – not long after I started my present job at the Archive Centre. From the beginning of next month, I will be working as an archivist at the People's History Museum in Manchester.

It has been great to worship with you at the Cathedral and I would like to thank you all for the friendship you have shown to me whilst I have been with you. Highlights for me have certainly been the wonderful choral music and of the course the Cathedral social events! I wish you all well and if I am in Inverness in the future I will be sure to come back and again and say hello.

We shall obviously miss James, but send him our prayers and best wishes for his life in Manchester.

Week of Prayer for Christian Unity:

Tomorrow (**Monday 25 January**) sees the end of the Week of Prayer for Christian Unity. Here is a prayer to say at home both today and tomorrow:

**Heavenly Father,
you have called us in the Body of your Son Jesus Christ
to continue his work of reconciliation and reveal you to the world:
forgive us the sins which tear us apart;
give us the courage to overcome our fears
and to seek that unity which is your gift and your will;
through Jesus Christ our Lord. Amen.**

There will be an Ecumenical Service of Worship **this afternoon at 3.00pm** (24 January) at Inshes Church, in Inshes Retail Park, Inverness. Church leaders from seven different denominations in the city will lead the worship. It will finish in time to attend Choral Evensong at the Cathedral.

Cathedral Breakfast:

We are looking for some kind soul to take over the organisation of cathedral breakfast between the two services 10:15-11:00 on the 3rd Sunday of each month. At the moment Harriet Mowat does this slot but she is moving on. Jane Seddon very kindly acts as back up and will do so for the next person. There is a named person for each Sunday who is supported by Jane and others. It really isn't very onerous and involves making sure there is milk, bread, butter and marmalade. There are many willing helpers to wash up and its always possible to change Sundays when the need arises. Please tell Harriet of Jane if you would like to do this.

Christian Aid Rep:

We are looking for someone to take on the role of Christian Aid Rep. This is a role that is evolving and is currently under discussion with the Bishop and Vestry. Please contact Patricia Athey, the Vestry Secretary, if you are interested in pursuing this.

Readings Next Sunday:

- ❖ Jeremiah 1.4-10
- ❖ 1 Corinthians 13.1-13
- ❖ Luke 4.21-30

Happy Sunday

Peter

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